



Friday, December 4, 2009

NEWS AND INFORMATION from the Grand Traverse Bay YMCA  
3000 Racquet Club Drive, Traverse City, MI 49684  
[www.gtbayymca.org](http://www.gtbayymca.org) | [info@gtbayymca.org](mailto:info@gtbayymca.org) | 231-933-9622 (main)

Contact: Mark Sinclair, director of youth, 231.933.YMCA, [marks@gtbayymca.org](mailto:marks@gtbayymca.org) **OR** Tom Van Deinse, CEO, 231.933.9622 or [tvd@gtbayymca.org](mailto:tvd@gtbayymca.org)

FOR IMMEDIATE RELEASE  
PUBLIC SERVICE ANNOUNCEMENT

#### CHRISTIAN FAMILY DAY AT THE Y

The Grand Traverse Bay YMCA announces a Christian Family Day to be held at the YMCA Main Facility at 3000 Racquet Club Drive in Traverse City on Saturday, December 12.

"We want to work with area churches for a fellowship opportunity to bring Christian families together for a day of fun at the Y," according to Danielle Cannon, YMCA intern for youth program.

The Christian Family Day has two parts featuring an afternoon of fun and an evening teen dance featuring Christian music.

From 1:00 pm to 6:00 pm, the YMCA will provide pizza, pop, and fun. Families will enjoy access to all that the Y has to offer including gymnasium, tennis, fitness room, racquetball, Wii, bounce house and lots of other activities. "The cost is \$15 per family," said Cannon. "This will be a fund raiser for churches and their youth groups where \$10 of the fee will be returned to people's designated churches." (Some adults can use this as an opportunity to complete their Christmas shopping as their children are enjoying themselves.)

That evening from 7:00 pm to 10:00 pm, teen grades 9 – 12 can come back for a special Christian Teen Night, with a Christian DJ and all of the fun outlined above. The cost will be \$5 per person. Family Day participants must pay the \$5 admission fee for the Teen Dance. Strict grade limit with identification required.

For more information about this YMCA's event contact Danielle Cannon or Mark Sinclair, Y director of youth programs at 933-9622 at the YMCA main facility or the Ys website at [www.gtbayymca.org](http://www.gtbayymca.org).